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B·O·O·K·M·A·N™
Cartridge

Betty Crocker's®
COOKBOOK

User's Guide

BCC-2007

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Welcome to the world of BOOKMAN! BOOKMAN is a powerful, portable electronic reference with a built-in book and a slot in the back for more books. With this *Betty Crocker's Cookbook* you can search for over 1,200 recipes by name, ingredient, or category; find

nutrition information on each recipe; place your own notes as bookmarks; highlight words in text to search; and go directly to a cross-referenced topic and back. Use your BOOKMAN to read this cartridge. See "Installing Cartridges" to learn how.

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Key Guide

Function Keys

- CLEAR** Clears to the selected default state.
- MENU** Shows the menus.
- MORE** **(red)** Searches for more matches.
- NUTR** **(green)** Shows nutrition info.
- INGR** **(yellow)** Shows the entry screen.
- LIST** **(blue)** Shows the note list.
- CARD** Exits the selected book.
- ON/OFF** Turns BOOKMAN on or off.

► Understanding the Color Keys

The color keys (red, green, yellow, and blue) perform the functions listed above only for the book described in this User's Guide.

Other BOOKMAN books have their own color key functions, which are labelled on their cartridges or on the keyboard. For more information, read "Using the Color Keys."

*Hold  while pressing the other key.

Other Keys





- BACK** Backs up, erases letters, or stops a highlight.
- CAP** Shifts keys to type punctuation.
- ENTER** Selects a menu item, makes an entry, or starts a highlight.
- HELP** Shows a help message.
- SPACE** Types a space or pages down.
- ? *** In lists, shows a full menu item; in text, shows location of recipe. Shifted, types an * to stand for a series of unknown letters.



Direction Keys

Move in indicated direction.
Page up or down.

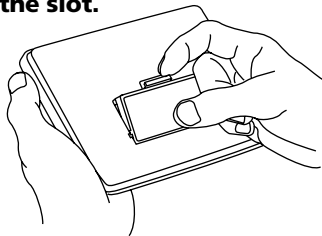
Star Key Combinations*

-  + **CARD** Sends a word between books.
-  + Shows the next match.
-  + Shows the previous match.
-  + **Q...** Shifts the top row of letters to type numbers.

Installing Cartridges

Warning: Never install or remove a cartridge when BOOKMAN is on. If you do, information that you entered in its built-in book and in an installed cartridge will be erased.

1. Turn **BOOKMAN** off.
2. Turn **BOOKMAN** over.
3. Align the tabs on the cartridge with the notches in the slot.



4. Press the cartridge until it snaps into place.

► Removing Cartridges

Warning: When you remove a cartridge to install another, information that you entered in the removed cartridge will be erased.

Selecting Books

Once you have installed a cartridge in your BOOKMAN, you must select which book you want to use.

1. Turn **BOOKMAN** on.
2. Press **CARD**.



These are sample books.

3. Press **→** or **←** to highlight the book you want to use.



4. Press **ENTER** to select it.

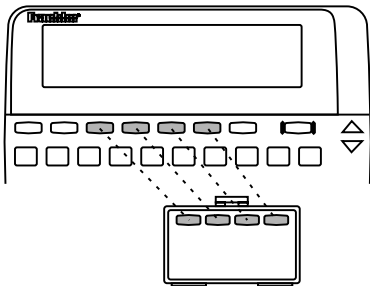
► Resuming Where You Left Off

You can turn off BOOKMAN at any screen. When you turn BOOKMAN on again, the screen that you last viewed appears.

Using the Color Keys

The red, green, yellow, and blue keys on your BOOKMAN change functions according to which book is selected.

When the built-in book is selected, the color keys function as labelled on the BOOKMAN keyboard. When a cartridge book is selected, the color keys function as labelled on that cartridge.



Remember, the color keys for BOOKMAN books in cartridges function as labelled on their cartridges, not as on the keyboard.

Changing Settings

You can adjust the font size, shutoff time, and the default state. *Set Type Size* changes the number of lines of text that appear on screen. The shutoff time is how long BOOKMAN stays on if you forget to turn it off. *Set Default State* lets you set which screen you will go to when you press **CLEAR**.

1. Press **MENU**.
2. Press the arrow keys to highlight the **Other** menu.
3. Highlight *Set Type Size*, *Set Default State*, *Set Shutoff*, or *Set Contrast*.



The  indicates subtopics.

4. Press **ENTER**.
5. Highlight a setting.
6. Press **ENTER** to select it.

► Typing Numbers

To type numbers in your BOOKMAN, hold **NUM** while pressing a numbered key.

Viewing a Demonstration

Before you start using this book, you can view a demonstration of what it can do.

Once you have installed and selected the cartridge, press **MENU** and then the arrow keys to highlight *View Demo* on the Other menu. Then press **ENTER** to view the demonstration.

If you want to stop the demonstration, press **CLEAR**.

► Help is Always at Hand

You can view a help message at virtually any screen by pressing **HELP**. Press the direction keys to read it. To exit help, press **BACK**.

If you want to read a tutorial, select *Tutorial* from the Other menu.

► Follow the Arrows

The flashing arrows on the right of the screen show which arrow keys you can press to move around menus or to view more text.

Searching by Name

To find a recipe, simply type its name at the entry screen. Some names are common ones such as *roast beef*, but others are more specific and you will need to remember at least part of the title to find the recipe.

1. Press **INGR**.
2. Type the name of a recipe (e.g., *chili con carne*).
To erase a letter, press **BACK**.
3. Press **ENTER**.



The matches appear.

4. Press **ENTER** to select a highlighted match.
Boxes mark your search words.
5. Press a Direction key to read.
6. Press **CLEAR** when done.

Tips for Beginners

► Remaining Matches Are in Index

When you come to the end of a list of matches, you will often see the words *Remaining matches are in Index*. To view these matches, press **(MENU)** and highlight the Index menu. The Index now lists only the topics that include your search words. Press **(ENTER)** to select a highlighted topic.

► If You Misspell a Word

Don't worry. A list of corrections appears.



Highlight a correction, and then press **(ENTER)**. Or press **(BACK)** to change your search.

If you don't know how to spell a word, type the letters you do know and then type an asterisk at the end. Then press **(ENTER)**.

Tips for Beginners

► Viewing Full Menu Items

Some recipe names and other menu items are followed by ellipses because they are too long to fit on one line.

At any highlighted menu item, press **(?*)** to view the complete item.



► Where In the Book Am I?

To find out where you are in the cookbook outline, press **(?*)** while in text.



When you press **(?*)** in text, you do not go to the outline itself, but rather to a snapshot of your outline location. Press **(BACK)** to return to text.

Searching by Ingredients

This electronic cookbook has a feature that will help you tailor recipes to the ingredients you have on hand. For instance, if you have eggs, cheese, and almonds, enter them to find recipes including all three ingredients.

1. Press **INGR**.
2. Type up to three ingredients (e.g., *eggs cheese almonds*).

Enter words to search for
eggs cheese almonds

NOTE: You don't have to type capitals or punctuation.

3. Press **ENTER**.

LOCATION: _____
DESSERTS _____
LADY'S CHEESECAKE W

4. Press **ENTER** to view the recipe.

1 egg yolk
5 packages (8 ounces each)
cream cheese, softened

Searching by Ingredients

You go directly to the words you searched, not necessarily to the title.

5. Press **↑** then **↓** to read.
6. Hold **☆** and press **→** repeatedly to view the next matches.
7. Press **CLEAR** when done.

► Adding More Ingredients

If you want to add ingredients to those you have already entered, first press **MENU**, then select *Change Search Words* under *SRCH* and type more ingredients. Then press **ENTER** to search for the new ingredients.

► Choosing Search Words

You can search for almost any word in this cookbook. It need not be an ingredient. If you want to find a recipe that is cooked in a wok, enter *wok* at the search line. You will find nine matches.

Searching by Category

Another way to find recipes is to use the Contents menu. You'll find categories of foods such as *Appetizers*, *Cookies*, *Meats*, and *Sauces*, to name a few.

1. Highlight *Recipe Categories* on the Contents menu.

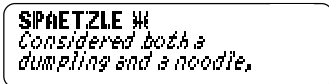


2. Press **ENTER** to select it.

3. Select a category (e.g., *pasta*).

You can type the category or scroll down to highlight it.

4. Select a recipe (e.g., *spatzle*).



5. Press a Direction key to read.

6. Press **BACK** to go back.

Searching by Category

► Expanding Your Searches

After entering search word(s), you can expand a word search to find more matches.

When you expand a search, you will find your search word(s) first in names, then in text. For example, if you search for *eggs* you will find 50 matches most of which have the word *egg* in the recipe name. Press **ENTER** to go to the text of a match and press **MORE**. Now there are 248 matches for *egg*. The cookbook has found every place where the word *egg* appears in the book.

► The Clock and Sheaf of Wheat

Some of the recipes have a clock and/or a sheaf of wheat symbol next to their names. The clock means this recipe can be completed in thirty minutes or less. The sheaf of wheat identifies a Betty Crocker heritage recipe, one that has been consistently popular, constantly in demand and featured in a previous edition of *Betty Crocker's Cookbook*.

Using the Index

You can use the Index to quickly find recipes, ingredients, and other topics. Simply type a topic at the Index menu. Usually you need to type only its first few letters.

1. Press **MENU**.
2. Highlight the Index menu.
3. Start typing a topic (e.g., *beverages*).



4. Press **ENTER** to select it.

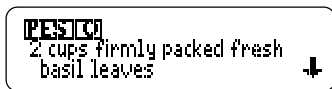


5. Select a subtopic or recipe.
6. Press **BACK** to back up.

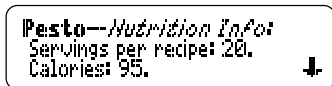
Finding Nutrition Info

You can find valuable nutrition information about each recipe listed. Included are the calorie, fat gram, protein counts, and more.

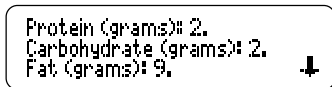
1. Find or select a recipe (e.g., *pesto*).



2. Press **NUTR** while the recipe is in view.



3. Press a Direction key to read.



4. Press **BACK** or **NUTR** to return to the recipe.

Viewing Special Helps

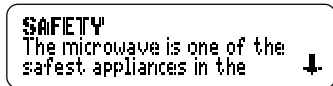
You will find the answers to many of your cooking questions in *Special Helps*. They contain a wealth of information about anything from *Table Settings and Entertaining* to *Substitutions for Emergencies*.

1. Find or select *Special Helps* from the Contents menu.

The  indicates subtopics.

2. Select a topic (e.g., *microwave cooking*).

3. Select a subtopic (e.g., *safety*).



4. Press a Direction key to read.

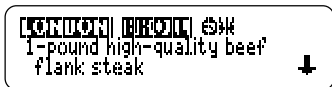
5. Press repeatedly to back up.


Highlighting Search Words

You can also search for a word by highlighting it in text. You can pick and search for any word except short, common ones such as *the* and *and*.

1. Find or select a recipe (e.g., *london broil*).

2. Press to start the highlight.



You can press  to turn the highlight off.

3. Press the arrow keys to highlight *steak*.

4. Press to view its first match.

5. Press to view its recipe or hold and press repeatedly to view the next matches.

6. Press when done.

Footnotes & X-References

References appear throughout the text. Their places are marked by these symbols.

XREF cross-reference

FOOT footnote

Here is how to view them.

1. At text with a **FOOT** or **XREF**, press **ENTER** to start the highlight.
2. Highlight the symbol.

frost layers with Chocolate Frosting^{XREF} or Caramel Frosting^{XREF} if desired. 16 ↓

3. Press **ENTER**.

CHOCOLATE FROSTING

16

1/3 cup margarine or ↓

NOTE: **XREF**'s take you to the cross-referenced text.

4. Press **BACK** to return to the text.
5. Press **BACK** again to turn off the highlight.

Using Notes

► Placing Notes

You can place only one note per paragraph. The total number of notes you can place depends upon the length of each note (approximately eight notes). Your notes are marked in text with a **NOTE**.

1. Press **LIST** at any text.

NOTES:
ADD NOTE

2. Press **ENTER**.

Enter your note:

12345678901234567890

The words in the line are the recipe name or first words of text.

3. Place the note.

- To use the recipe name as the note title, press **ENTER** when the name is in view.
- To use your own words as the note title, type them and then press **ENTER**.

Using Notes

► Viewing Notes

1. Press **LIST**.

Your note list appears.

2. Highlight a note title.

You can type the title or scroll to highlight it.

3. Press **ENTER** to view its note.

4. Press **CLEAR** when done.

► Removing Notes

1. Highlight a **NOTE** in text.

You can locate **NOTE**'s using your Notes list.

2. Press **LIST**.



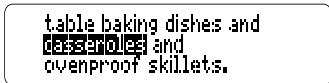
3. Press **ENTER** to remove the note.

Sending Words

This BOOKMAN dictionary can send words to and receive words from certain other BOOKMAN books.

To send a word, you must first install a cartridge in your BOOKMAN, and that cartridge must be able to send or receive words. To learn if a cartridge can send or receive words, read its User's Guide.

1. Highlight a word in this book.



To highlight a word in a list, press the arrow keys. To highlight a word in text, press **ENTER** and then press the arrow keys.

2. Hold **☆** and press **CARD**.

3. Highlight the other book.

4. Press **ENTER**.

The word that you highlighted appears in the other book.

5. Press **ENTER** to look up the word.

Cartridge Care

- **Do not touch the metal contacts on the cartridges.**

Caution: Touching these electrical contacts with statically charged objects, including your fingers, could erase information entered in a cartridge or built-in book.



- **Do not put excessive pressure on the cartridges.**



- **Do not expose the cartridges to heat, cold, or liquids.**



Resetting BOOKMAN

If the BOOKMAN keyboard fails to respond, or if its screen performs erratically, first press **(CLEAR)** and then press **(ON/OFF)** twice. If nothing happens, follow the steps below to reset it.

Warning: Pressing the reset button with more than very light pressure may permanently disable your BOOKMAN. In addition, resetting BOOKMAN erases settings and information entered into its built-in book, and in an installed cartridge.

1. Hold **(CLEAR)** and press **(ON/OFF)**.

If nothing happens, try Step 2.

2. Use a paperclip to gently press **BOOKMAN's** reset button.

The reset button is recessed in a pin-sized hole on the back of BOOKMAN. Look for it on the battery cover or near the cartridge slot.

► Troubleshooting

- Make sure your cartridge is installed correctly.
- Check that the cartridge's metal contacts are dirt-and dust-free.

Optional Features



AC adaptor jack: Some BOOKMAN models are equipped with a standard 3.5 mm jack for use with a 9-volt, 200-300 milliamp AC/DC adaptor.



This symbol indicates that the inner core of the plug of an AC adaptor is negative and that the outer part of the plug is positive. If your AC/DC adaptor does not have this symbol, confirm its compatibility at its place of purchase.

Headphone jack: Some BOOKMAN models also have a 3.5 mm stereo headphone jack for use with a standard impedance 8 Ohm headset.

Copyrights & Patents

Model BCC-2007

- size: 5.9 x 4.2 x 0.6 cm
- weight: 0.4 oz.

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U.S. Patents 4,490,811; 4,830,618;
4,891,775; 4,982,181; 5,007,019;
5,113,340; 5,153,831; 5,203,705;
5,218,536; 5,229,936; 5,249,965;
5,295,010; 5,321,609; 5,333,313;
European Patent 0 136 379.
Patents Pending ISBN 1-56712-150-0

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