IC-139

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DIGITAL BOOK™

Betty Crocker's®
COOKBOOK

User's Manual

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Contents

✓ **About the Illustrations**

Some screen shots in this User's Manual may vary slightly from what you see on screen. These variations do not mean that this digital book or your Digital Book System is malfunctioning.

Key Guide

<dl>

BACK Backs up, erases a letter, or stops highlight.

CARD Exits the digital book.

CLEAR Clears a search and clears to default state.

ENTER Enters a search, selects a menu item, or starts highlight in text.

HELP Shows a help message.

GAMES No effect.

LIST Shows Notes List menu from text.

MENU Shows the main menus.

MORE Searches for more matches from text.

ON/OFF Turns the Digital Book System on or off.

SHIFT Shifts keys to type capital letters, etc.

SPACE Types a space or pages down.

SPEC Shows the category.

◯ B Adds a note as a bookmark in text.

◯ N Shows nutrition information for a recipe.

◯ CARD Sends a word to another digital book.

⬇⬆⬅➡ Move in the indicated direction.

DN or UP Page down or up.

◯ ⬇⬆ Zoom down or up.

◯ DN/UP Shows the next or previous match or section.

? * At the Search screen, types a ? to stand for a letter; at menus, shows the complete menu item; at text shows outline location.

SHIFT ? * At the Search screen, types an * to find completions. *3*

</dl>

Getting Started

You must install this digital book before you can use it.

WARNING: Never install a digital book when the Digital Book System is on. If you do, information that you have entered in any other installed digital book(s) may be permanently erased.

1. Turn off the Digital Book System.
2. Install the digital book into a slot on the back.
3. Press (ON/OFF).
4. Turn the wheel on the side of the Digital Book System to adjust its screen contrast.

If the screen is still blank, check the batteries.

5. Press (CARD).
6. Press ⊟ or ⊡ to highlight the appropriate digital book symbol.

```
Betty
Crocker's
COOKBOOK
```

7. Press (ENTER).

✓ Help is at Hand

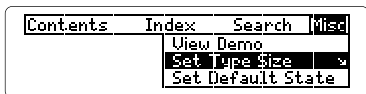You can view a help message at most screens by pressing (HELP). Press ⬇ or the DN key to read the help. Press (BACK) to exit it.

Changing Settings

You can change the type size, the default state, and the shutoff time, using the Misc menu.

The default state is the screen that appears when you press CLEAR. The shutoff time is how long the Digital Book System stays on if you forget to turn it off.

1. If not at the main menus, press MENU.

2. Highlight the Misc menu.

```
Contents   Index   Search  Misc
                 View Demo
                 Set Type Size
                 Set Default State
```

3. Highlight Set Type Size, Set Default State, or Set Shutoff.

4. Press ENTER.

5. Highlight a setting.

6. Press ENTER to select it.

✓ Viewing a Demonstration

Before you start using this digital book, you may want to view a demonstration of what it can do. First, select View Demo from the Misc menu. Then press ENTER to start the demonstration. Press CLEAR to stop it.

✓ Follow the Arrows

The flashing arrows show which arrow keys you can press to view more.

Searching for a Recipe by Name

To find a recipe, simply type its name at the Search screen. Some recipe names are common ones such as *roast beef*, but others are more specific and you will need to remember at least part of the name to find the recipe. You don't need to type capitals or punctuation.

1. Select *Recipe Search* from the Search menu.

Or press (CLEAR) if *Recipe Search* is the default state.

2. Enter the name of a recipe (e.g., *chili con carne*).

To erase a letter, press (BACK).

```
Outline location:
RECIPE CATEGORIES
 MEATS
  CHILI CON CARNE ❊
```

3. Press (ENTER) to view the recipe.

Boxes mark your search words.

4. Press ⬇ or (SPACE) to read.

5. Press (CLEAR) when done.

> ✓ **Restricted Menus**
>
> After a search, press (MENU) while in text. The menus are now restricted to only the items that include your search word(s). Press (ENTER) to view a highlighted item.

Searching by Ingredients

You can use this digital book to help you tailor recipes to the ingredients you have on hand. You can enter up to three ingredients in a search. For instance, if you have chicken, soy sauce and ginger, enter them to find recipes including these three ingredients.

1. Select Recipe Search from the Search menu.

2. Type up to three ingredients (e.g., chicken soy ginger).

```
Type words to find then press
ENTER. Or press HELP.
chicken soy ginger◄
Press MENU for other options.
```

3. Press ENTER.

```
Outline location:
RECIPE CATEGORIES
 APPETIZERS
  RUMAKI ※
```

4. Press ENTER to view the recipe.

```
RUMAKI ※
1/4 cup SOY sauce
2 tablespoons packed brown sugar
2 thin slices gingerroot or 1/8
 teaspoon ground GINGER
```

5. Press ⬇ or SPACE to read.

6. Hold ◯ and press DN repeatedly to view the next matches.

   To view a previous match, hold ◯ and press UP.

7. Press ENTER to view a recipe.

8. Press CLEAR when done.

✓ **Adding More Ingredients**

If you want to add ingredients to those you have already entered (up to three total), first press (MENU), and then select *Change Search Words* under *Search*. Type more ingredients, and then press (ENTER) to search.

✓ **The Clock 🕐 and Sheaf of Wheat 🌾**

Some recipes have a clock and/or a sheaf of wheat symbol next to their names. The clock means the recipe can be completed in thirty minutes or less. The sheaf of wheat identifies a Betty Crocker heritage recipe, one that has been consistently popular, constantly in demand and featured in a previous edition of *Betty Crocker's Cookbook*.

✓ **Remaining Matches Are in Index**

When you come to the end of a list of matches, you will often see the words *Remaining matches are in Index*. To view these matches, press (MENU) and then highlight the Index menu. After a search, the Index now lists only the topics that include your search words. Press (ENTER) to select a highlighted topic.

8

Locating by Category

Another way to find recipes is to use the Contents menu. Here you'll find categories of foods such as *Appetizers*, *Cookies*, *Meats*, and *Sauces*, to name a few.
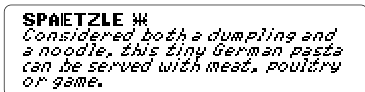
1. Highlight Recipe Categories under Contents.

```
Contents  Index   Search   Misc
INTRODUCTION
COOKING WITH CONFIDENCE
RECIPE CATEGORIES              ⌄
```

The ⌐ indicates a submenu.

2. Press ENTER to select it.

3. Select a category (e.g., pasta).

You can type the category or scroll down to highlight it.

4. Select a recipe (e.g., spaetzle).

```
SPAETZLE ✻
Considered both a dumpling and
a noodle, this tiny German pasta
can be served with meat, poultry
or game.
```

5. Press ⇩ or SPACE to read.
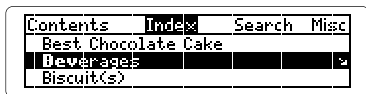
6. Press BACK to go back.

> ✓ **What's My Category?**
>
> To go to the category of the menu item you are viewing, press SPEC. Then you can select another menu item from the same category.
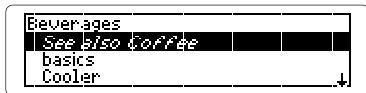
Using the Index

You can use the Index to quickly find recipes, ingredients, and other topics. Simply type a topic at the Index menu. Usually you need to type only its first few letters to find a topic.

1. Highlight the Index menu.
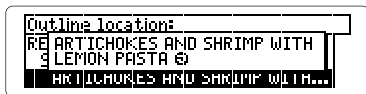
2. Start typing a topic (e.g., _beverages_).

```
Contents   Index   Search   Misc
  Best Chocolate Cake
 Beverages
 Biscuit(s)
```

3. Press ENTER to select it.

```
Beverages
 See also Coffee
 basics
 Cooler
```

4. Select a subtopic or recipe.

5. Press BACK to back up.

> ✓ **Viewing Full Menu Items**
>
> Some recipe names and menu items are followed by ellipses because they are too long to fit on one line. At any highlighted menu item, press ?* to view the complete item.

```
Outline location:
RE ARTICHOKES AND SHRIMP WITH
 S LEMON PASTA ☺
   ARTICHOKES AND SHRIMP WITH...
```

Finding Nutrition Information

You can find valuable nutrition information about each recipe. Nutrition information includes counts of calories, fat, protein, cholesterol, and more.

1. Find or select a recipe (e.g., *chef's salad*).

> **CHEF'S SALAD** ☺�½
> ½ cup julienne strips cooked
>   meat (beef, smoked ham or
>   tongue)
> ½ cup julienne strips cooked

2. Hold ⬭ and press Ⓝ.

> **Chef's Salad—***Nutrition Info:*
> Servings per recipe: 5.
> Calories: 380.
> Protein (grams): 16.
> Carbohydrate (grams): 10.

3. Press ⬇ or (SPACE) to read.

> Fat (grams): 31.
> Cholesterol (milligrams): 145.
> Sodium (milligrams): 575.
> Protein-%RDA: 24.
> Vitamin A-%RDA: 56.   ↕

4. Press (BACK), or hold ⬭ and press Ⓝ, to return to the recipe.
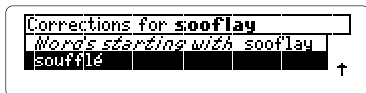

✓ **Resuming Where You Left Off**

While using this digital book, you can turn off the Digital Book System at any time. When you turn the Digital Book System on again, you return to the screen that you last viewed.

✓ **If You Misspell a Word**

Don't worry. A list of corrections appears.

```
Corrections for sooflay
Words starting with sooflay
soufflé                        ↑
```

Highlight a correction, and then press (ENTER).
Or press (BACK) to change your search.

✓ **Finding Spellings**

If you don't know how to spell a word, type the
letters you do know and then type an asterisk
at the end. (Hold (SHIFT) and press (?*) to type
an asterisk.) Then press (ENTER). The asterisk
stands for a series of unknown letters.

✓ **Expanding Your Searches**

After entering a search word(s), you can
expand a word search to find more matches.

When you expand a search, you will find your
search word(s) first in recipe names, then in
text. For example, if you search for *eggs* you
will find 50 matches most of which have the
word *egg* in the recipe name. Press (ENTER) to
go to the text of a match and then press (MORE).
Now there are 248 matches for *egg*. The
cookbook has found every place where *egg*
appears in the book, not just in a recipe name.

Viewing Special Helps

You will find the answers to many of your cooking questions in *Special Helps*. It contains a wealth of information about everything from *Table Settings and Entertaining* to *Substitutions for Emergencies*.

1. Select **Special Helps** from the Contents menu.
2. Select a topic (e.g., **microwave cooking**).
3. Select a subtopic (e.g., **safety**).

> **SAFETY**
> The microwave is one of the safest appliances in the home. Strict limits on the level of energy emitted have been established by the ↕

4. Press ⬇ or (SPACE) to read.
5. Press (BACK) repeatedly to back up.

✓ **Where In the Book Am I?**

To find out where you are in the cookbook outline, press (?) while in text.
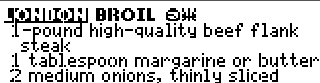
> Outline location:
> SPECIAL HELPS
> MICROWAVE COOKING
> **SAFETY**

When you press (?) in text, you do not go to the outline itself, but rather to a snapshot of your outline location. Press (BACK) to return to text.

Highlighting Search Words

You can also search for a word by highlighting it in text. You can pick and search for any word except short, common ones such as *the* and *and*.
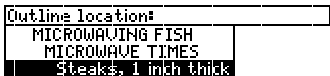
1. Find or select a recipe (e.g., *london broil*).

2. Press (ENTER) to start the highlight.

```
LONDON BROIL ☺※
1-pound high-quality beef flank
 steak
1 tablespoon margarine or butter
2 medium onions, thinly sliced
```

You can press (BACK) to turn the highlight off.

3. Press the arrow keys to highlight *steak*.

4. Press (ENTER) to view its first match.

```
Outline location:
   MICROWAVING FISH
     MICROWAVE TIMES
       Steaks, 1 inch thick
```

5. Hold ⃝ and press DN to view the next matches.

6. Press (ENTER) to view a recipe.

7. Press (CLEAR) when done.

> ✓ **Choosing Search Words**
>
> You can search for almost any word in this cookbook. It need not be an ingredient. For example, if you want to find a recipe that is cooked in a wok, enter *wok* at the Search screen.

1 4

Figures, Footnotes, & References

Figures. footnotes, and references appear throughout text. Their places are marked by these symbols. Here is how to view them.

XREF   cross-reference
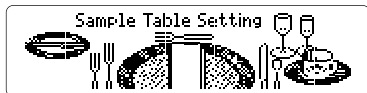
FIG   figure

FOOT   footnote

NOTE: **XREF**'s take you to the cross-referenced text.

1. **At text with a symbol, press ⏎ENTER to start the highlight.**
2. **Highlight the symbol.**

```
SETTING THE TABLE XREF
• Be sure to leave enough room for
  everyone to be seated
  comfortably.
• Place the flatware about one inch
```

3. **Press ⏎ENTER to view the information.**

```
        Sample Table Setting  🍷 🍷
```

4. **Press ⬇ or SPACE to read.**
5. **Press BACK to return to the original text.**
6. **Press BACK again to turn off the highlight.**

Using Notes

You can place up to 30 notes in this digital book. Once placed, your notes serve as bookmarks to quickly guide you to your favorite recipes or important tips. The number of notes you can place depends on the length of each note.

▶ Placing Notes

1. At any text, press $\boxed{\text{LIST}}$**.**

Or press $\bigcirc$ and $\circledB$ (for bookmark) to skip Step Two.

2. Press $\boxed{\text{ENTER}}$ **to select *Add note*.**

3. Press $\boxed{\text{ENTER}}$ **to add the note that appears in the Search screen.**

Or type your own words then press $\boxed{\text{ENTER}}$.

```
Type your note then press
ENTER. Or press HELP.
ARTICHOKES AND SHRIMP WIT
Press GOLD BACK to cancel.
```

A NOTE marks your note.

4. Press $\boxed{\text{CLEAR}}$**.**

▶ Viewing a Note

1. Highlight a NOTE.

You can find a NOTE by pressing (LIST) in text and then selecting a note.

2. Press (ENTER) to view the note.

3. Press (BACK) to return to text.

▶ Removing a Note

1. Highlight a NOTE.

2. Press (LIST).

```
Notes:
Remove note: SHRIMP ETOUFF...
Becki's favorite
SHRIMP ETOUFFéE QV
```
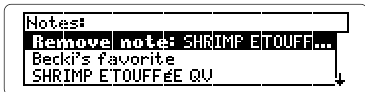
3. Press (ENTER) to remove the note.

4. Press (CLEAR) when done.

Sending and Receiving Words

This digital book can send and receive words to and from certain other digital books. To learn if another digital book can send and receive words, read its User's Manual.

NOTE: You must have more than one digital book installed in your Digital Book System before following these steps.

1. At text, press ENTER to start the highlight.

2. Press the arrow keys to highlight a word.

3. Press ◯ plus CARD.

4. Highlight another digital book symbol.

5. Press ENTER.

The word that you highlighted appears in the initial screen of the receiving digital book.

6. Press ENTER again.

The receiving digital book searches for the word. If it is found, you can view text.

7. To return to the sending digital book, hold ◯ and press CARD and then select its symbol.

Digital Book System®

Resetting the Digital Book System

To reset the Digital Book System, hold (CLEAR) while pressing (ON/OFF). Or press the recessed reset button on the back of the Digital Book System.
(Read its Basic Operating Guide for details.)

WARNING: Resetting the Digital Book System may permanently erase information, such as notes, that you have entered in the installed digital books.

NOTE: If the keyboard fails to respond or the screen performs erratically, you can press (CLEAR) and then press (ON/OFF) rather than resetting the Digital Book System. If nothing happens, then reset.

Protecting and Cleaning

• Do not touch the metal contacts on the back of digital books or the rubber contacts on the Digital Book System with statically charged objects. Statically charged objects may erase information that you entered in the digital books.

• Do not put excessive weight on digital books or the Digital Book System, or expose them to extreme or prolonged heat, cold, or other adverse conditions.

• To clean digital books, apply isopropyl alcohol with cotton swab. To clean the Digital Book System, apply a mild household cleaner with a soft cloth. CAUTION: Spraying liquids on digital books or the Digital Book System may damage them.

19

Replacing the Batteries

The DBS-1 and DBS-2 use four 3-volt, CR2032 lithium batteries. The DBS-2D uses four 1.5-volt, AA batteries.

1. **Have new batteries ready.**
2. **Turn the Digital Book System off.**
3. **Slide the battery cover off the back.**
4. **Remove all the batteries.**
5. **Place new batteries in the cavities, with their pluses oriented correctly.**
   In the DBS-1 and DBS-2 the pluses should face you.
6. **Replace the battery cover**

✓ **Battery Precautions**

When you replace batteries, follow these precautions to avoid erasing information in any installed digital books.

• Replace the batteries before they lose all power.

• Once batteries have been removed, install new ones within two minutes.

• Do not mix old and new batteries.

• Never remove batteries with the Digital Book System on.

Specifications

Model IC-139
- Over 1,200 recipes with nutrition information
- Index searching, recipe searching, and AlphaSearch
- Adjustable type size, default state & shutoff time
- SpellBlaster II™ automatic spelling correction and MatchMaker™ letter-finding key
- Annotated Note list
- Pick mode and sending/receiving words to and from other digital books
- Context-sensitive help, tutorial, and demonstration
- Size: 2-1/4" x 1-1/4" x 1/4"
- Weight: 0.3 oz.

Customer Service

If you have a problem with this digital book, refer to the limited warranty information. If you purchased this digital book outside the United States, contact the place of purchase to obtain warranty or repair information.

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2 2

Index