

IC-147



# DIGITAL BOOK

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DIAGNOSTIC AND STATISTICAL  
MANUAL OF  
MENTAL DISORDERS  
FOURTH EDITION

DSM-IV<sup>™</sup>

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User's Manual

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## ✓ About the Screen Illustrations

Some screen illustrations in this User's Manual may vary slightly from what you see on screen.

These variations do not mean that this digital book or your Digital Book System is malfunctioning.

# Introduction

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This electronic version of the American Psychiatric Association: *Diagnostic and Statistical Manual of Mental Disorders*, Fourth Edition (DSM-IV™) provides you with the full text of the printed book as well as these unique features:

- Diagnostic decision trees, diagnostic criteria, and numeric ICD-9 (DSM-IV) codes that have been reformatted and placed in the Index for quick reference and ease of use.
- More than 5,000 cross-references, many added to this electronic edition only.
- A glossary of more than 1,600 technical terms, most added from the *American Psychiatric Glossary*, Seventh Edition.
- User-entered notes to mark important passages for personalized quick reference.
- Word searching by entering words or by highlighting them in the text.
- Word search expansion that lets you find synonyms and related words.
- The ability to look up words in other digital books.

To learn about all these features and more, read this User's Manual before you begin. Then use it for quick reference when you have questions.






# Key Guide

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## Function Keys

<b>BACK</b>	Back up (e.g., erase a typed letter, display the previous screen, or turn off the highlight in text).
<b>CARD</b>	Exit the selected digital book.
<b>CLEAR</b>	Clear to the default state.
<b>ENTER</b>	Select a menu item, enter a word search, or start the highlight in the text.
<b>GAMES</b>	No effect.
<b>HELP</b>	Display an appropriate help message.
<b>LIST</b>	Display your note list from the text.
<b>MENU</b>	Display the main menus.
<b>MORE</b>	Find more matches for a word search.
<b>ON/OFF</b>	Turn the Digital Book System on or off.
<b>SHIFT</b>	Type capitals or punctuation.
<b>SPACE</b>	Type a space or page down in the text.
<b>SPEC</b>	Display the Outline levels of the text.

## Direction Keys

	Scroll or move in the indicated direction.
<b>DN/UP</b>	Page down or up.
 * +  	In the menus, go to the bottom or top; in the text, go to next or previous heading or subheading.
 * + <b>DN</b>	In the menus, highlight the next item matching the letters you've typed; in the

*\*The gold key at the bottom left of the keyboard.*

## Key Guide

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### Direction Keys (cont'd.)

- + DN** text, go to the next paragraph; after a word search, display the Outline location of the next match.
- + UP** In the text, go to the previous paragraph; after a word search, display the Outline location of the previous match.

### Gold Key Combinations•

- + BACK** Go to the top level of the Outline or the Index from a lower level.
- + CARD** Send a word between installed digital books in order to look it up.
- + ENTER** At any level of the Outline, go directly to the text. In the text, highlight the next icon (BIB, FIG, FOOT, NOTE, or XREF) appearing on the screen.
- + N** Place a note in the text.
- + Q** etc. If you're using the DBS-1 or DBS-2, type numbers.

### Other Keys

- ? \*** Display a highlighted menu item or the Outline location of the text appearing on the screen.
- SHIFT ○ ? \*** Type an asterisk to be a wild card for letters in a search word.

*\*Hold the gold key while pressing the other key.*

# Installing the Digital Book

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You must install the digital book in your Digital Book System before you can use it.

**WARNING:** Never install a digital book when the Digital Book System is on. If you do, information that you entered in any other installed digital book may be erased.

1. Turn off the Digital Book System.
2. Install the digital book into a slot on the back.
3. Press **ON/OFF**.
4. If needed, turn the wheel on the side of the Digital Book System to adjust the screen contrast.  
If the screen is still blank, check the batteries.
5. Press **CARD**.
6. Press **↩** or **↪** to highlight the DSM-IV icon, if needed.



7. Press **ENTER** to select it.

## ✓ Resuming Where You Left Off

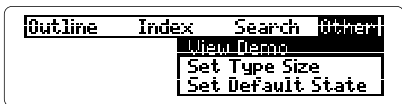
Should you forget to turn off the Digital Book System while using this digital book, the system will automatically shut off after a few minutes. When you turn the system on again, the screen that you last viewed appears.

# Viewing a Demonstration

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Before you start using this digital book, you may want to view a demonstration of what it can do.

1. Press **CLEAR**.
2. Press **MENU**.
3. Press the arrow keys to highlight *View Demo* on the *Other* menu.



4. Press **ENTER** to start the demonstration.
5. Press **CLEAR** to stop the demonstration.

## ✓ Using the Menus

The flashing arrows on the right side of the screen show which arrow keys you can press to move around in the menus or text.

Slanted arrows to the right of menu items indicate that submenus exist.

To see the full text of a highlighted menu item, press **?>**.

## ✓ Help is Always at Hand

You can view a help message at virtually any screen by pressing **HELP**. Press **↓**, the DN key, or **SPACE** to read. Then press **BACK** to exit help.

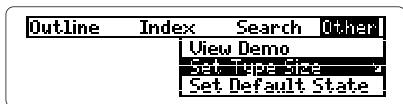


# Changing Settings

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You can change the type size, default state, and shutoff time of this digital book.

1. Press **(MENU)**.
2. Highlight the **Other** menu.
3. Highlight **Set Type Size**, **Set Default State**, or **Set Shutoff**.



4. Press **(ENTER)** to select it.  
A check marks the current setting.
5. Highlight a setting.
6. Press **(ENTER)** to select it.  
Or press **(BACK)** to keep the current setting.

## ✓ Understanding the Settings

- The *Type Size* is the size of the letters appearing in menus, text, and help messages.
- The *Default State* is the screen that appears when you press **(CLEAR)**. If you select *Word Search* as the default state, the search screen appears. If you select *Outline Menu* or *Index Menu*, the appropriate menu is highlighted.
- The *Shutoff Time* is how long the Digital Book System stays on if you forget to turn it off.

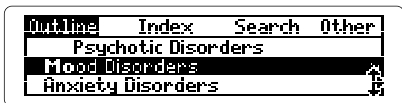
# Reading Chapters

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The simplest way to read this digital book is to select a chapter from the Outline menu. Try this example.

1. Press **(MENU)**.
2. Highlight a chapter on the Outline menu (e.g., *Mood Disorders*).

Type the first few letters of the chapter name or scroll to it. You don't need to type capitals. To back up, press **(BACK)**.



3. When the chapter is highlighted, press **(ENTER)**.
4. Highlight a section (e.g., *Depressive Disorders*).  
Type its first few letters or scroll to it.
5. Press **(ENTER)** to select it.
6. Select a subsection and sub-subsection (e.g., *Major Depressive Disorder and Diagnostic criteria for 296.2x. . .*).



7. Press the Direction keys to read the text.  
To learn how, see the Key Guide.
8. Press **(BACK)** to go back to the Outline menu.
9. Press **(CLEAR)** when done.

### ✓ Using the Appendixes

The appendixes listed at the bottom of the Outline menu contain much useful information in this digital book. To view the appendixes, highlight the Outline menu and then type *ap*.

Note that appendixes A, E, and F have been moved to the top of the Index (see “Establishing a Diagnosis”). Appendix C, “Glossary of Technical Terms,” has been greatly expanded. To find a term, select *Appendix C*, type the term, and then press **ENTER**.

### ✓ Where in the Book Are You?

Once the text is in view, you can check its Outline location by pressing **?\***. Or you can view its Outline levels by pressing **SPEC** repeatedly. Then press **BACK** to go back to the text.

NOTE: When you press **?\*** or **SPEC**, you do not go to the actual Outline menu. If you came to the text from the Outline menu, you can go back to the menu by pressing **BACK**.

### ✓ Using the Outline Shortcuts

To . . .	Press . . .
go to the bottom or top of an Outline level	<b>○</b> + <b>↓</b> or <b>↑</b>
go back to the previous level	<b>BACK</b>
go back to the chapter level from any level	<b>○</b> + <b>BACK</b>
go to the text from any level	<b>○</b> + <b>ENTER</b>

# Establishing a Diagnosis

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The first three items on the Index menu help you determine or confirm diagnoses of mental disorders and determine the numeric codes for reporting and billing.

1. Press **MENU**.
2. Highlight the Index menu.



3. Highlight *Diagnostic Decision Trees*, *Diagnostic Criteria*, or *Numeric ICD-9 (DSM-IV) Codes*.
4. Press **ENTER** to select it.
5. Select a subitem and sub-subitem, if any.  
Type the item or scroll to it and then press **ENTER**.  
If you selected *Numeric ICD-9 (DSM-IV) Codes*, you can type a number to highlight a code.
6. Press the Direction keys to read the text.
7. Press **CLEAR** when done.

## ✓ Understanding the Diagnostic Aids

- *Diagnostic Decision Trees* presents a set of clinical features that can be selected to rule in or rule out various disorders.
- *Diagnostic Criteria* lists disorders alphabetically by name and can be used to determine diagnostic codes.
- *Numeric ICD-9 (DSM-IV) Codes* numerically lists the diagnostic codes.

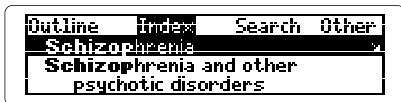
# Using the Index

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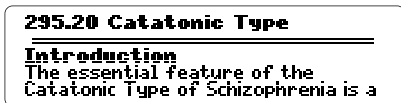
You can use the Index menu as you would use the index of a printed book to find terms, topics, and more.

1. Press **(MENU)**.
2. Highlight an alphabetic entry the Index menu (e.g., *schizophrenia*).

Type its few letters or scroll to it. You don't need to type capitals. To back up, press **(BACK)**.



3. When the entry is highlighted, press **(ENTER)**.
  4. Highlight a subentry (e.g., *Catatonic type*).
- Type its first few letters or scroll to it.
5. Press **(ENTER)** to select it.



6. Press the Direction keys to read the text.
7. Press **(BACK)** to go back to the Index menu.
8. Press **(CLEAR)** when done.

## ✓ Viewing Complete Menu Items

Some items such as chapter titles and index entries may be too long to fit on a menu. To view the full item, highlight it and then press **(?\*)**.

# Searching for Words

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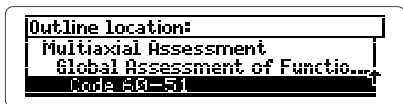
You can search for words to find their matches, or occurrences, in the text. After searching, only chapters and entries containing your search words are listed on the Outline and Index menus.

**1. Select *Word Search* from the Search menu.**

Or press **CLEAR** if *Word Search* is the default state (see “Changing Settings”).

**2. Type search words (e.g., *panic attack*).**

**3. Press **ENTER** to search.**



This is the Outline location of the first match.

**4. Hold **○** and repeatedly press the DN key to view the Outline locations of the next matches.**

To view the previous match location, hold **○** and press the UP key.

**5. Press **ENTER** to view a match in the text.**

Each matching word is boxed. If you entered more than one search word, you may have to scroll down to see the other boxed words in the match.

**6. Press **MENU** to view the matches on the menus.**

The numbers on the menus indicate the number of matches, not the number of menu items listed.

**7. Select an item from the Outline or Index menu.**

**8. Press **CLEAR** to clear your search.**

## Searching for Words

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### ✓ If You Misspell a Search Word

Don't worry. A list of corrections automatically appears after you enter the word. Then highlight a correction and press **ENTER** to search for it.

### ✓ Finding More Matches

After searching for words, you can find additional matches by pressing **MORE** up to five times (or until *No more* appears). Each time that you press **MORE**, the previous matches are discarded and new matches of synonyms and similar words are found.

### ✓ Changing Your Searches

After searching for words, you can change your search by selecting *Change Search Query* from the Search menu. Then edit your search word(s).

### ✓ Searching for Search Words

If you are not sure which form of a search word to use, type an asterisk in place of the letters that you're not sure about (e.g., *schizo\**). To type an asterisk, hold **SHIFT** and press **? \***.

Type words to find then press **ENTER**. Or press **HELP**.

schizo\*4

Press **ENTER** for other options.

Press **ENTER** to see possible completions. Then select a word to search for its matches.

# Highlighting Search Words

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You can also search for words by highlighting them in the text. Follow these steps.

1. With the text in view, press **(ENTER)**.

**experience** frequent gaps in memory for personal history, both remote and recent. The amnesia is frequently asymmetrical. The more passive identities tend to

Notice the highlight. You can turn it off by pressing **(BACK)**.

2. Press the arrow keys to highlight a word.

experience frequent gaps in memory for personal history, both remote and recent. The **amnesia** is frequently asymmetrical. The more passive identities tend to ↓

4. Press **(ENTER)** to search for it.

You can find more matches for your search word now by pressing **(MORE)** (see “Finding More Matches”).

5. Press **(ENTER)** to view a match in the text.
6. Press **(CLEAR)** when done.

## ✓ Words Too Common to Search


Some short words, such as articles (*a, the*, etc.) and prepositions (*to, in*, etc.) occur too often to search for.





# Figures, Footnotes & References

---

Throughout the text, you will see icons for figures (FIG), footnotes (FOOT), cross-references (XREF), and bibliographic references (BIB).

1. When an icon is in view, hold  and press .

**schizophrenia**  
**General Definition.** A group of  
idiopathic *psychotic*  
*disorders* characterized by  
both positive and negative


Notice that the icon is highlighted. You can highlight subsequent icons that are on screen by holding  and pressing  again. You can also highlight subsequent icons by pressing the arrow keys.

2. Press  to view the item.

**psychotic disorder, brief.** A  
transient disorder with duration  
limited from a few hours to 1  
month and an eventual return to  
full functioning. Symptoms during

3. Use the Direction keys to read it.
4. Press  to go back to the highlighted icon.

## ✓ About Cross-References

This digital book contains more than 5,000 cross-references (XREF icons) that make finding related information easy. After viewing a cross-reference, you can go back to the highlighted XREF icon by pressing .

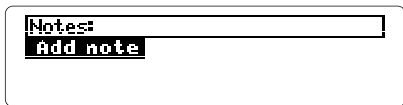
# Using Notes

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## ► Placing Notes

You can place notes in the text to mark important passages. The number of notes you can place depends upon their lengths, but you can place only one note per paragraph.

1. With the text in view, press **LIST**.

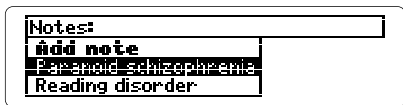


2. Press **ENTER** to select *Add note*.
3. Type a note of your own and press **ENTER**.  
Or press **ENTER** to add the pre-entered note.  
A NOTE icon marks its placement in the text.

## ► Finding and Removing Notes

Once notes have been placed in the text, you can use them as bookmarks to quickly find information. To remove a note, you must first find it in the text.

1. At any text, press **LIST**.
2. Highlight a note.



Type its first few letters or scroll to it.

3. Press **ENTER** to view the NOTE icon in the text.

**NOTE295.30 Paranoid Type**

**Introduction**

The essential feature of the Paranoid Type of Schizophrenia is

To view the content of the note, first hold **○** and press **ENTER** and then press **ENTER**. Press **BACK** to go back to the text.

4. To remove the note, press **LIST** and then press **ENTER** to select *Remove note*.

### ✓ A Quick Way to Place Notes

Rather than using **LIST**, you can quickly place a note in a paragraph by holding **○** and pressing the N key. Then press **ENTER** to place the pre-entered note, or enter your own note.

### ✓ Removing All Your Notes

You can remove all your notes at one time by resetting the Digital Book System when this digital book is installed. To learn how to reset the Digital Book System, read “Using the Digital Book System.”


**WARNING:** Resetting the Digital Book System erases information that you entered in an installed digital book. Always remove other digital books before resetting your Digital Book System.

# Looking Up Words in Other Books

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You can send words between this digital book and certain other digital books in order to look them up. For example, you might see a term in another medical or related digital book that you want to read about in this digital book.

To send words between digital books, both books must be able to send or receive words. To learn if they can, read their User's Manuals.

- 1. Install both books in your Digital Book System.**
- 2. Press  and select the sending digital book.**
- 3. Highlight a word in the sending digital book.**

To learn how, read the appropriate section of its User's Manual.

- 4. Hold  and press .**
- 5. Select the receiving digital book.**

The word that you highlighted appears in the initial screen of the receiving digital book.

- 6. Press  to search for the word.**

If a match is found for the word, you can view text using the Direction keys.

- 7. To return to the sending digital book, press  and then select its symbol.**

# Using the Digital Book System®

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## ► Resetting the Digital Book System

To reset the Digital Book System, hold **CLEAR** while pressing **ON/OFF**. Or press the recessed reset button on the back of the Digital Book System. (Read its *Basic Operating Guide* for details.)

**WARNING:** Resetting the Digital Book System permanently erases information, such as notes and default settings, that you have entered in the installed digital books. If the keyboard fails to respond or if the screen performs erratically, you can press **CLEAR** and then press **ON/OFF** rather than resetting the Digital Book System. If nothing happens, then reset.

## ► Protecting and Cleaning

- Do not bring statically charged objects in touch with the metal contacts on the back of digital books or the rubber contacts on the Digital Book System. Statically charged objects may erase information that you entered in the digital books.
- Do not put excessive weight on digital books or the Digital Book System or expose them to extreme or prolonged heat, cold, or other adverse conditions.
- To clean digital books, apply isopropyl alcohol with a cotton swab. To clean the Digital Book System, apply a mild household cleaner with a soft cloth.  
**CAUTION:** Spraying liquids on digital books or the Digital Book System may damage them.

### ► Replacing the Batteries

The DBS-1 and DBS-2 use four 3-volt, CR2032 lithium batteries. The DBS-2D uses four 1.5-volt, AA batteries.

1. **Have new batteries on hand.**
2. **Turn the Digital Book System off.**
3. **Slide the battery cover off the back.**
4. **Remove all the batteries.**
5. **Place new batteries in the cavities, with their pluses oriented correctly.**

In the DBS-1 and DBS-2 the pluses should face you.

6. **Replace the battery cover.**

### ✓ Battery Precautions

When you replace batteries, follow these precautions to avoid erasing information in any installed digital books.

- Replace the batteries before they lose all power.
- Never remove the batteries while the Digital Book System is on.
- Once the batteries have been removed, install new ones within two minutes.
- Never mix old and new batteries.

# Product Specifications

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## **Model IC-147**

- Size: 2-1/4" x 1-1/4" x 1/4"
- Weight: 0.3 oz.

## **Customer Service**

If you have a problem with this digital book, refer to the limited warranty information. If you purchased this digital book outside the United States, contact the place of purchase to obtain warranty or repair information.

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Patents: 4,490,811; 4,830,618; 5,113,340; 5,218,536;

Euro. Pat. 0 136 379. Patents Pending.

ISBN 1-56712-120-9.

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