IC-152



DIGITAL BOOK™

PRINCIPLES OF INTERNAL MEDICINE

13TH EDITION COMPANION HANDBOOK

User's Manual

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Preface

Most students of medicine are overwhelmed by the sheer quantity of medical information potentially applicable to the diagnosis and treatment of patients. The editors and authors summarize this vast amount of information in *Harrison's Principles of Internal Medicine*, which is revised and updated every three to four years. Although *HPIM* represents a distillate of the broad field of internal medicine, along with it is deep roots in the basic sciences, the total information presented in the book grows steadily, as does the base of useful medical knowledge.

While it would be ideal to have a copy of *HPIM* available at all times, the sheer bulk and weight of the book make this impractical. The editors, with the aid of selected contributors, have condensed the clinical portions of *HPIM* into this pocket-sized *Companion Handbook* which residents and students can carry through inpatient, outpatient, and emergency services of a teaching hospital. The *Companion Handbook* contains brief summaries of the key features of the diagnosis and treatment of the principal diseases that are likely to be encountered on a medical service. The inside cover (front and back) contain a glossary listing the abbreviations used throughout the book.

NOTE: In this User's Manual, the Glossary can be found on pages 32-34.

Preface

It is important to emphasize that the *Companion Handbook* should not and cannot be a replacement for a textbook of internal medicine. Rather it is an extension of the Thirteenth Edition of *HPIM*. The *Companion Handbook* is meant to be used when the house officer or student requires a brief introduction to or reminder of some aspect of clinical medicine but does not have immediate access to or the time to consult *HPIM*. Since the amount of material presented is too brief to stand on its own, it is recommended that the relevant subjects in a standard textbook be consulted as soon as time permits. Thus, we consider the two books, *HPIM* and the *Companion Handbook*, a single educational package.

The Editors

Notice

Medicine is an ever-changing science. As new research and clinical experience broaden our knowledge, changes in treatment and drug therapy are required. The editors and the publisher of this work have checked with sources believed to be reliable in their efforts to provide information that is complete and generally accepted at the time of publication. However, in view of the possibility of human error or changes in medical sciences, neither the editors nor the publisher nor any other party who has been involved in the preparation or publication of this work warrants that the information contained herein is in every respect accurate or complete and they are not responsible for any errors or omissions or for the results obtained from use of such information. Readers are encouraged to confirm the information contained herein with other sources. For example, and in particular, readers are advised to check the product information sheet included in the package of each drug they plan to administer to be certain that the information contained in this book is accurate and that changes have not been made in the recommended dose or in the contraindications for administration. This recommendation is of particular importance in connection with new or infrequently used drugs.

Key Guide

Function Keys

Back up (e.g., erase a typed letter,

display the previous screen, or turn off

the highlight in text).

CARD Exit the selected digital book.

(CLEAR) Clear to the default state.

(ENTER) Select a menu item, enter a word

search, or start the highlight in the text.

(GAMES) No effect.

HELP Display an appropriate help message.

Display your note list from the text.

MENU Display the main menus.

MORE Find more matches for a word search.

ON/OFF Turn the Digital Book System on or off.

SHIFT Type capitals or punctuation.

SPACE Type a space or page down in the text.

Go to the Outline from text.

Direction Keys

ক্রাট্র Scroll or move in the indicated direction.

Page down or up.

* + In the menus, go to the bottom or top; in the text, go to next or previous

heading or subheading.

^{*}The gold key at the bottom left of the keyboard.

Key Guide

In the text, go to the next paragraph; after a word search, display the Outline location of the next match; in the menus, highlight the next item matching the letters you've typed.

In the text, go to the previous paragraph; after a word search, display the Outline location of the previous match.

Gold Key Combinations*

- Go to the top level of the Outline or the Index from a lower menu level.
- Send a word between installed digital books in order to look it up.
- At any level of the Outline, go directly to the text. In the text, highlight the next icon (BIB, FIG, FOOT, NOTE, or XREF) appearing on the screen.
- Place a note in the text.
- + Q etc. If you're using the DBS-1 or DBS-2, type numbers.

Other Keys

- Display a highlighted menu item or the Outline location of the text appearing on the screen.
- Type an asterisk to be a wild card for letters in a search word.

*Hold the gold key while pressing the other key.

Installing the Digital Book

You must install the digital book in your Digital Book System before you can use it.

WARNING: Never install a digital book when the Digital Book System is on. If you do, information that you entered in any other installed digital book may be erased.

- 1. Turn off the Digital Book System.
- 2. Install the digital book into a slot on the back.
- 3. Press ON/OFF).
- If needed, turn the wheel on the side of the Digital Book System to adjust the screen contrast.

If the screen is still blank, check the batteries.

- 5. Press CARD.
- 6. Press ➡ or ➡ to highlight the icon, if needed.



7. Press ENTER to select it.

✓ Resuming Where You Left Off

Should you forget to turn off the Digital Book System while using this digital book, the system will automatically shut off after a few minutes. When you turn it on again, you return to the last screen that you viewed.

Viewing a Demonstration

Before you start using this digital book, you may want to view a demonstration of what it can do.

- 1. Press CLEAR).
- 2. Press (MENU).
- 3. Press the arrow keys to highlight View Demo on the Other menu.



- 4. Press (ENTER) to start the demonstration.
- 5. Press CLEAR to stop the demonstration.

✓ Using the Menus

The flashing arrows on the right side of the screen show which arrow keys you can press to move around in the menus or text.

A slanted arrow () to the right of menu items indicate that submenus exist.

To see the full text of a highlighted menu item, press (?).

✓ Help is Always at Hand

You can view a help message at virtually any screen by pressing (HELP). Press , the DN key, or (SPACE) to read. Then press (BACK) to exit help.

Changing Settings

You can change the type size, default state, and shutoff time of this digital book.

- 1. Press MENU.
- 2. Highlight the Other menu.
- 3. Highlight Set Type Size, Set Default State, or Set Shutoff.



- 4. Press ENTER to select it.
 - A check marks the current setting.
- 5. Highlight a setting.
- 6. Press (ENTER) to select it.

Or press (BACK) to keep the current setting.

✓ Understanding the Settings

- The Type Size is the size of the letters appearing in menus, text, and help messages.
- The Default State is the screen that appears when you press CLEAR). If you select Word Search as the default state, the search line appears. If you select Outline Menu or Index Menu, the appropriate menu is highlighted.
- The Shutoff Time is how long the Digital Book System stays on if you forget to turn it off.

Moving Through Text

When the text of the book is in view, you can easily scan and read surrounding text. Try this example.

- 1. Press CLEAR).
- 2. Press (MENU).
- Press (ENTER) three times to view the start of the book.

(Introduction)
Pain is the most common symptom
of disease. Management depends on
determining its cause and
alleviating triggering and

4. Press the direction keys to view text.

To	Press
scroll up or down	or
page up or down	√P Or M
page down	SPACE
view the next or previous title	○ + ① or
view the next or previous paragraph	

5. Press CLEAR when done.

✓ Using the Direction Keys

You can also use the direction keys to read help messages and navigate menus.

Using the Outline

You can view any section, chapter, or subchapter of this digital book by selecting it from the Outline.

The sequence of sections and chapters is the same as in the printed book. Chapters are numbered consecutively from Chapter 1 independent of their sections.

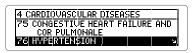
- 1. Press CLEAR).
- 2. Press (MENU).



3. Press 🕔 to highlight a section.

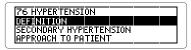


- 4. Press ENTER to view chapters.
- 5. Press 😃 to highlight a chapter.



6. Press ENTER to view subchapters.

Using the Outline



7. Press (ENTER) to view text.

DEFINITION
Chronic elevation in bp >140/90;
etiology unknown in 90-95% of
patients ("essential
hypertension"). Always consider a

This is the start of Chapter 76.

8. Press ♣, ♥, or (SPACE) to view more text.

For more ways to view text, see "Moving Through Text"

✓ Where in the Book Are You?

Once the text is in view, you can check its Outline location by pressing ?. Then press BACK to go back to the text.

NOTE: When you press ? or SPEC, you do not go to the actual Outline menu. If you came to the text from the Outline menu, you can go back to the menu by pressing BACK.

Using the Outline

✓ Using Outline Shortcuts

To... Press...

zoom to the first or last item of a

menu list

return to the highest

level from any level

view text from any level

O + BACK

〇 + ① or ①

+ (ENTER)

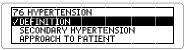
✓ Viewing Full Menu Items

Some items such as chapter titles and index entries are too long to fit onto one line. To view the full menu item, press ?...



✓ Viewing the Outline Location

When you're in text, you can find your location in the Outline by pressing (SPEC) repeatedly.



To return to the text, press (BACK) repeatedly.

Using the Index

You can find a topic quickly by entering it at the Index menu. Usually you need to type only the first few letters of a topic to find it. Try this example.

- 1. Press (CLEAR).
- 2. Press (MENU).
- 3. Highlight the Index.



4. Start typing a word (e.g., Porphyrias).



The slanted arrow (≅) shows that *Porphyrias* has subentries.

5. With *Porphyrias* highlighted, press **ENTER**.



To return to the Index menu, press plus (BACK)

- 6. Highlight a subentry (e.g., (general)).
- 7. Press ENTER to view its text.

Using the Index

PORPHYRIAS (Introduction)

The porphyrias are inherited or acquired disturbances in heme biosynthesis, each of which causes a

This text is for the general subentry under *Porphyrias*.

- 8. To go back, press BACK.
- 9. Press CLEAR when done.

✓ Understanding Index Entries

Index entries followed by a slanted arrow have subentries. You can view the subentries by pressing (ENTER). To return to the main entry, press (BACK).



Abbreviated entries are indexed as if they were spelled out. For example, *St. Louis* is indexed as Saint Louis even though it is abbreviated.

Viewing Footnotes and References

Throughout this digital book you'll see bibliographic references, cross-references, and footnotes. They are represented by these symbols:

bibliographic reference cross-reference footnote

When you see one of these symbols, you can view a footnote or reference. (Bibliographic references appear directly after section and chapter titles.) The example below uses a bibliographic reference in "Management of Cardiac Arrest" in Chapter 27.

- 1. Go to text with a symbol.
- With the symbol in view, press plus ENTER to highlight the first symbol.

Or press ENTER and then the arrow keys to highlight it.

MANAGEMENT OF CARDIAC ARREST Basic life support (BLS) commences immediately (Fig. 27—1 [চাট্র]করে): 1. Open mouth of patient and

3. Press ENTER to view the footnote, bibliographic reference, or cross-reference.

From J Henderson, Emergency Medical Guide, 4th ed, New York, McGraw-Hill, 1978.

4. Press (BACK) to return to the text.

Viewing Figures

Throughout this digital book, you'll see figure symbols. When you select a figure symbol you will go to the illustration that corresponds with the figures in the *HPIM Companion Handbook*.

NOTE: There are 26 figures illustrated from the *Companion Handbook* in this digital book. The other 21 have been converted into tables that appear in their appropriate chapters.

- 1. Press (CLEAR).
- 2. Press (MENU).
- 3. Select 2 Medical Emergencies.



- 4. Select 27 Cardiovascular Collapse and Sudden Death.
- 5. Press J to highlight Figure 27-1.



- 6. Press ENTER).
- 7. Press plus ENTER to highlight the FIG.

 Or press ENTER and then the arrow keys to highlight the FIG.

Viewing Tables

Tables are numbered as in the printed book. The best way to find a table is to select it from the Outline, where tables are listed at the end of each chapter. In this example, we'll view Table 27-1.

- 1. Press CLEAR).
- 2. Press (MENU).
- 3. Under Outline, highlight 2 Medical Emergencies.
- 4. Press ENTER to select Chapter 27.
- 5. Press (ENTER) again.
- 6. Press 😃 to highlight Table 27-1.



7. Press ENTER to view the table.

Table 27-1. Differential diagnosis of cardiovascular collapse and sudden death 1. Ventricular fibrillation due to • Myocardial ischemia (severe

- 8. Press a direction key to move down.
- 9. Press (BACK) to return to the previous menu.
- 10. Press (CLEAR) when done.

Viewing Figures

Figure 27-1. Major steps in cardiopulmonary resuscitation Highlight||व्यव| to view figure|[हाइ].

8. Press (ENTER).

Figure 27-1 Major steps in cardiopulmonary resuscitation A Japan Sub-Make certain the

9. Press 😃 repeatedly to view more.



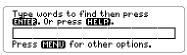


- 10. Press (BACK) to go back.
- 11. Press CLEAR when done.

Searching for Words

You can search for any word in this digital book by entering it at the Search line. You can search for up to five words at a time, but you cannot search for common words such as *the* and *and*.

1. Select Word Search from the Search menu.

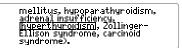


Or press CLEAR if Word Search is your default state.

- 2. Type a search word(s) (e.g., hyperthyroidism).
- 3. Press ENTER to find the matches.



4. Press ENTER again to view the text of this match.



A box marks your search word.

- 5. Press plus w to view the next match.
- 6. Press MENU to view the Outline sections and Index entries with matches.

Searching for Words



The number of sections and Index entries with matches are shown at the top of each menu.

- 7. Highlight an Outline section or Index entry.
- 8. Press (ENTER) repeatedly until a match appears.
- 9. Press CLEAR to clear your search.

✓ Changing Your Search Words

If you want to add to or change your search word(s), press MENU while in a search. Select Change Search Query from the Search menu. Then type your changes and press ENTER to search for the new word(s).

Searching for Words

✓ Finding Spellings

To search for words that you don't know how to spell, type an * to stand for a series of unknown letters. (To type an *, press (SHIFT) plus (?*).) For example, type thrombo* and press (ENTER).



✓ Searching for Greek Letters

Type the following letters to stand for Greek letters in your searches:

- a for alpha,e for epsilon, and
- b for beta,g for gamma.

✓ If You Misspell a Word

When you enter a misspelled word, you see a "your word" not in this book message and then a spelling correction list like this.



Press or to highlight a correction and then press enter). Or press eack to enter another word.

Picking Search Words

You can also search for a word by highlighting, or picking, it in text. You can pick any word except very common words such as *the* and *and*.

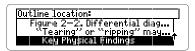
- 1. Go to Table 73-1. Aortic stenosis.
- 2. Press (ENTER).

Notice the highlight. You can turn it off by pressing (BACK).

Press the arrow keys to highlight a word (e.g., murmur).

```
    Aortic stenosis
    Type of munnum Crescendo-decrescendo.
    Maneuver
    Valsalva: Decreased.
```

4. Press ENTER to search for the word.



You can find more matches for your search word now by pressing MORE. (See "Expanding Your Searches").

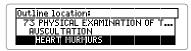
5. Press ENTER to select the first match.

Picking Search Words

- * Key Physical Findings: Weak, asymmetric peripheral pulses; possible diastolic <u>imurmur</u> or aortic insufficiency (chap. 78[XREE]).
- 6. Press

 plus

 to view the next match.



7. Press (MENU) to view the Outline and Index.



- 8. Select a matching section or entry to view.
- 9. Press CLEAR when done.

✓ Words Too Common to Pick

Some words, such as articles and conjunctions, occur too frequently in English to pick. If you try to pick and search for one of them, you see *Can't search for that word*.

Expanding Your Searches

You can expand your searches to find more matches by pressing MORE after entering your search word(s). You can expand a search up to five times (or until *No more* appears). Each time that you press MORE, the previous matches are discarded and new matches of synonyms and similar words are found.

- 1. Go to the Search line.
- 2. Type words (e.g., kidney disease).
- 3. Press ENTER).



These are the only two matches that contain the words "kidney" and "disease" in their titles.

4. Press MORE to expand the search further.



These twenty matches all contain the words "kidney" and "disease" in their text.

- 5. Press MORE again to search thesaurus matches.
- 6. Press plus ENTER to go directly to the highlighted match's text.

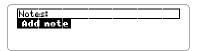


Taking Notes

▶ Placing Notes

You can place notes in the text to mark important passages. The total number of notes you can place depends upon their lengths, but you can place only one note per paragraph.

1. With the text in view, press LIST).



- 2. Press ENTER to select Add note.
- 3. Type a note of your own and press ENTER.

 Or press ENTER to add the pre-entered note.

A HUTE marks its placement in the text.

▶ Finding and Removing Notes

Once notes have been placed in the text, you can use them as bookmarks to quickly find information. To remove a note, you must first find it in the text.

- 1. At any text, press LIST.
- 2. Highlight a note.



Type its first few letters or scroll to it.

Taking Notes

3. Press (ENTER) to view the HOTE icon in the text.

<u>NUTEDIF</u> ferential diagnosis Symptoms and signs resembling anxiety occur in coronary artery disease, thyroid disease, and drug a intoxication or withdrawal. Anxiety

To view the content of the note, first hold and press ENTER and then press ENTER. Press BACK to go back to the text.

4. To remove the note, press (LIST) and then press (ENTER) to select *Remove note*.

✓ A Quick Way to Place Notes

Rather than using LIST, you can quickly place a note in a paragraph by holding and pressing the N key. Then press ENTER to place the pre-entered note, or enter your own note.

✓ Removing All Your Notes

You can remove all your notes at one time by resetting the Digital Book System when this digital book is installed. To learn how to reset the Digital Book System, read "Using the Digital Book System."

WARNING: Resetting the Digital Book System erases information that you entered in an installed digital book. Always remove other digital books before resetting your Digital Book System.

Sending Words

This digital book can send and receive words to and from other digital books. This feature allows you to define or look up words in other books. Of course, more than one digital book must be installed in your Digital Book System.

To find if a certain digital book can send and receive words, read its User's Manual. Follow the steps below to send a word between books.

- 1. At text, press **ENTER** to start the highlight.
- 2. Press the arrow keys to highlight the word you want to send.
- 3. Hold and press CARD.
- Press the arrow keys to highlight another digital book symbol.
- 5. Press ENTER).

The word that you highlighted appears in the Search line.

6. Press ENTER again.

The receiving digital book searches for the word. If a match is found, you can view text.

To return to the sending digital book, press CARD and then select its symbol.

Using the Digital Book System®

▶ Resetting

If the keyboard fails to respond or the screen performs erratically, press CLEAR and then press (MVOFF). If nothing happens, hold CLEAR while pressing (MVOFF). If still nothing happens, press the recessed reset button on the back of the Digital Book System using a paper clip. WARNING: Resetting the Digital Book System will erase information, such as notes, you may have entered in the installed digital books.

► Protecting and Cleaning

- Do not touch the metal contacts on the back of digital books or the rubber contacts on the Digital Book System with statically charged objects such as your fingers. CAUTION: touching your digital books with statically charged objects may erase information that you entered in them.
- Do not put excessive weight on digital books or the Digital Book System, or expose them to extreme or prolonged heat, cold, or other adverse conditions.
- To clean digital books, apply isopropyl alcohol with a cotton swab. To clean the Digital Book System, apply a mild household cleaner with a soft cloth. CAUTION: Spraying liquids on digital books or the Digital Book System may damage them.
- When not using the Digital Book System, store digital books in its slots to prevent dust buildup.

Using the Digital Book System

Replacing the Batteries

The DBS-1 and DBS-2 use four 3-volt, CR2032 lithium batteries. The DBS-2D uses four 1.5-volt, AA batteries.

- 1. Have new batteries on hand.
- 2. Turn the Digital Book System off.
- 3. Slide the battery cover off the back.
- 4. Remove all the batteries.
- Place new batteries in the cavities, with their pluses oriented correctly.
 In the DBS-1 and DBS-2 the pluses should face you.
- 6. Replace the battery cover.

✓ Battery Precautions

When you replace batteries, follow these precautions to avoid erasing information in any installed digital books.

- Replace the batteries before they lose all power.
- Never remove the batteries while the Digital Book System is on.
- Once the batteries have been removed, install new ones within two minutes.
- Never mix old and new batteries.

Glossary

These abbreviations are used in this digital book.

A ₂	Aortic second sound	CLL	chronic lymphocytic
ABGs	arterial blood		leukemia
	gases	CML	chronic myeloge-
ACE	angiotensin		nous leukemia
	converting	CMV	cytomegalovirus
	enzyme	CNS	central nervous
AF	atrial fibrillation		system
AIDS	acquired	CSF	cerebral spinal fluid
	immunodeficiency	CT	computed
	syndrome		tomography
ALS	amyotrophic lateral sclerosis	CVP	central venous
			pressure
ANA	antinuclear	CXR	chest x-ray
4000	antibody	DIC	disseminated
ARDS	adult respiratory distress syndrome		intravascular
l	•		coagulation
bp 	blood pressure	DVT	deep venous
bid	two times daily		thrombosis
BUN	blood urea	Dx	diagnosis
	nitrogen	EBV	Epstein Barr
CBC	complete blood		virus
	count	EEG	electroencepha-
CF	complement		logram
	fixation	ECG	electrocardiogram
CHF	congestive heart failure	ELISA	enzyme-linked immunosorbent
СРК	creatinine phosphokinase		assay

Glossary

EMG	electromyogram	JVP	jugular venous
ENT	ear, nose, and		pressure
	throat	LA	left atrium
EOM	extraocular	LAD	left axis deviation
	movement	LBBB	left bundle branch
ESR	erythrocyte		block
	sedimentation	LFT	liver function test
	rate	LLQ	left lower quadrant
FEV₁	forced expirat-	LP	lumbar puncture
	ory volume in first second	LUQ	left upper quadrant
OED.		LV	left ventricle
GFR	glomerular filtra- tion rate	МІ	myocardial infarction
GI		MRI	magnetic resonance
G6PD	gastrointestinal		imaging
GOPD	glucose-6- phosphate	NPO	nothing by mouth
	dehyrdrogenase	NSAIDs	nonsteroidal anti-
Hb	hemoglobin		inflammatory drugs
Hct	hematocrit	Р	pulse
		P_2	pulmonic second
hs	at bedtime	2	sound
Hx	history	Pa _{o2}	partial pressure
HIV	human immuno-	· 4 ₀₂	of O ₂ in blood
	deficiency virus	Pa _{co2}	partial pressure
ICU	intensive care unit	- Co2	of CO ₂ in blood
lg	immunoglobulin	рс	after food
IM	intramuscular	PFTs	pulmonary
IV	intravenous		function tests
IVC	inferior vena cava	PMNs	polymorpho-
IVP	intravenous		nuclear cells or
	pyelogram		leukocytes
			-

Glossary

PO PPD	by mouth purified protein derivative, skin test for tuberculosis		superior vena cava signs and symptoms
prn pt PTT qd qh qhs qid qod qAM R RBBB	when necessary patient partial thrombo- plastin time every day every hour every bedtime four times daily every other day every morning respiratory rate right bundle	tid tid TLC UA URI UTI VDRL UV VPC	transient ischemic attack three times daily total lung capacity urinalysis upper respiratory infection urinary tract infection test for syphilis ultraviolet ventricular premature
RBC RLQ	branch block red blood (cell) count right lower quadrant	WBC	contractions white blood (cell) count
RUQ RV S ₁ S ₄	right upper quadrant right ventricle heart sounds, 1st to 4th		
SC SL SLE	subcutaneous sublingual systemic lupus erythematosus		

Specifications

Model IC-152

- Search for up to five words
- Search expansion Multi-level outline
- · Index with Alpha-search
- Spelling correction
- User-entered notes
- Figures, footnotes, bibliographic, and cross-references
- · Sends and receives words from other books
- · Context-sensitive help messages and demo
- · Adjustable type size, shutoff time, and default screen
- Size: 5.8 x 3.1 x 0.6 cm

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